Faculty Member: Young Joo Kim, PhD, OTR/L

My research program primarily targets to help people with chronic conditions to continue to use/generalize strategies/skills that they learned throughout the rehabilitation services. The use and generalization of strategies/skills enable those to stay independent in daily life and to participate in personally and socially required and meaningful activities as long as possible in the community.

Research Interests: Clinical intervention and functional outcomes in OT, adults with chronic cardiac conditions, older adults, physical activity

Research skills: Experimental/quantitative studies; telerehabilitation; longitudinal studies

Current Research Directions:

- Physical activity levels of people receiving inpatient rehabilitation services and factors related to the physical activity levels (3-4 project students)
  In this study, patients who are currently receiving occupational therapy, physical therapy, and/or speech therapy in an inpatient rehabilitation facility will be assessed (1) to determine their physical activity levels while receiving and not receiving these rehabilitation services and (2) identify factors associated with the physical activity levels, such as generalizability of rehabilitation services and demographic and medical information. Graduate project students will participate in participant recruitment, visit Vidant Medical Center inpatient rehabilitation units to screen potential participants and complete assessments, and complete data entry and analyses. We are going to recruit 50 patients for this study.